



Staplegrove

Village Hall

ACTIVITIES FROM JANUARY 2018

MONDAY	9.30 am	KEEP FIT	Rosemary: 01823 421823
	10.45 am	KEEP FIT (for the over fifties)	“
	9.30 am	TAI CHI SHIBASHI	Jackie: 07949 735139
	10.45 am	ZUMBA GOLD	“
	2.00 pm	SHORT MAT BOWLS	Heather: 01823 289128
	6.45 pm	BRIDGE	Louise: 01823 335387
	8-9 pm	IYENGAR YOGA (Introductory)	Tessa 07960 796463
TUESDAY	10.00 am	ART	Ron 01823 338253
	4.00 pm to 8.30pm	DANCING INSTRUCTION	Susanne: 01823 283540
	6.30 pm	DAISY Ante natal exercise	Ali: 07989 975460
WEDNESDAY	10.00 am	T'AI CHI	Malcolm: 07817 395510
	2.00 pm	SHORT MAT BOWLS	Heather: 01823 289128
		Not 1 st Weds of month	
	5.30 pm	IYENGAR YOGA	Tanya 07903 079939
	6.00 pm	SCOTTISH COUNTRY DANCING for beginners	
	7.30 pm	SCOTTISH COUNTRY DANCING	Bob: 01984 618479
THURSDAY	7.15 pm	SUGARCRAFT COURSE Commencing February & April	Jean: 01823 327640
	9.30 am	PILATES	Jo: 01823 336126
	10.45 am	PILATES (Gently)	“
	10 am	DAISY TINIES	Ali: 07989 975460
	2.00 pm	ART	Mo: 01823 432625
	7.15 pm	SHORT MAT BOWLS	Heather: 01823 289128
FRIDAY	9.30 am	SOCIAL SERVICES Mini Day Centre	Ann: 01823 283461
	4.00 pm to 8.30 pm	DANCING INSTRUCTION	Susanne: 018233 283540
SATURDAY (bi-wkly)	6.00 – 11.30 pm	Epic-Games	contact@epicgamesclub.c.uk
SUNDAY	6.30 pm	TAUNTON NATIONAL SPIRITUALIST CHURCH	Jane: 01823 334519

MONTHLY MEETINGS

COMMUNITY COFFEE MORNING for all Staplegrove residents

1st Tuesday of month 10.30 am to 12 noon	Mrs Margaret Taylor	tel: 01823 271570
LOCAL HISTORY SOCIETY 4th Mon	Mrs Janet Woodburn	tel: 01823 284522
STAPLEGROVE WOMEN'S GROUP	Mrs Marion Coombes	tel: 01823 284236
U3A GARDENING CLUB 3rd Weds	Mrs Kathy Frith	tel: 01823 332196

STAPLEGROVE VILLAGE HALL HAS TWO HALLS AND A COMMITTEE ROOM AVAILABLE FOR LETTING.

Bookings: e-mail staplegrovevh@gmail.com